



**UpAbroad**  
Live to experience

## FRENCH & SAILING PROGRAM - ANTIBES

### 12 – 17 Y.O.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
7.50am	Arrivals: Welcome on board!	Wake up						
8.00am		Breakfast						
8.00am - 12.00am		French tests for new arrivals on Mondays Standard course 					Visit of Monaco 	
1.00pm		Lunch						
2.00pm - 5.00pm		For new arrivals Sports and activities on campus Sailing Plus 						
6.00pm	Accompanied beach time with our camp counselors or Free time 							
7.00pm	Dinner							
8.00pm - 10.00pm	 Welcome evening	 Barbeque evening	 Casino evening	 Film evening	 Cabaret	 Disco evening	 Olympics evening	

✧ Note: this document is a sample of activity program, it might subject to change due to operational reasons or according to weather forecast.