






















## ANTIBES STANDARD COURSE PROGRAM

12 – 17 Y.O.

	Sunday	Monday	Tuesday*	Wednesday	Thursday*	Friday	Saturday
7.30am	Arrivals: Welcome on board!	Wake up					
8.00am		Breakfast					
9.00am - 12.00am	 For new arrivals  Sports and activities on campus	French tests for new arrivals on Mondays  Standard course  					Visit of Monaco 
1.00pm		Lunch					
2.00pm - 5.00pm		Visit of Antibes 	Free afternoon 	Sailing afternoon 	Tree top adventure park 	Sports afternoon 	
6.00pm		 Volleyball	 Circus	 Dance	 Basketball	 Water games	 Football
7.00pm	Dinner						
8.00pm - 10.00pm	 Welcome evening	 Barbeque evening	 Casino evening	 Film evening	 Cabaret	 Disco evening	 Olympics evening

	Sunday	Monday	Tuesday*	Wednesday	Thursday*	Friday	Saturday
7.30am	🕒 Wake up						
8.00am	🍳 Breakfast						
9.00am - 12.00am	<div>Free day</div> 	<div>Standard course</div> <div></div>					<div>Departure</div> <div>See you next year!</div> 
		<div>Lunch</div> <div></div>					
1.00pm							
2.00pm - 5.00pm							
6.00pm	<div>Sports and activities on campus</div>	<div><div>Waiters' race</div></div>	<div><div>Footballtennis</div></div>	<div><div>Zumba</div></div>	<div><div>Sports tournament</div></div>	<div><div>Dodgeball</div></div>	
7.00pm	🍲 Dinner						
8.00pm - 10.00pm	<div><div>Welcome evening</div></div>	<div><div>Barbeque evening</div></div>	<div><div>Treasure hunt</div></div>	<div><div>Karaoke</div></div>	<div><div>Cabaret</div></div>	<div><div>Pool party</div></div>	

✂ Note: this document is a sample of activity program, it might subject to change due to operational reasons or according to weather forecast.